Children's Wellness

Speaker Series

Burnside Gorge Community Center

471 Cecelia Road

7:30pm - 8:30pm

Univera Serve First™

Inspirational Futures

Nov. 14th

Colleen Adrian

Parent Educator

Nurturing the Seeds of Self-Esteem and Confidence in Children

Nov.21

Jacqueline Sloan

Functional Movement Specialist

Body Mechanics for kids

Nov.28th

Julie Bereczki

Nutritionist

Setting your kids up for success:

The importance of Breakfast, snack and movement