

CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant

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Wednesday, November 8

6:00-8:00 pm

McKENZIE

ELEMENTARY

4005 Raymond St N, Victoria

Including Eagle View, Marigold,

Northridge, Strawberry Vale &

Tillicum Elementaries

Tailored for Parents,
Caregivers and Educators
supporting children
ages 5 - 11 experiencing
stress & anxiety

Presentation with Q&A to
Follow

Free Event!

REGISTRATION REQUIRED (Click to Register)

<https://www.eventbrite.com/e/childhood-anxiety-presentatoin-tickets-38093601989>

Event Hosted by: McKenzie Elementary, limited childminding available
by donation please register

Funded by the Eric Palmer Foundation www.ericfoundation.com