


# Victoria & Sooke Hot Menu June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Pepperoni & Cheese WW Calzone Golden Delicious Apple Fruit Juice	<b>2</b> Butter Chicken & Brown Rice Carrot Sticks Milk	<b>3</b>
<b>4</b>	<b>5</b> Macaroni and Cheese Grapes Fruit Juice	<b>6</b> Chicken Burger Cracked Wheat Bun Red Delicious Apple Chocolate Milk	<b>7</b> Sweet & Sour Meatballs Brown Rice and Vegetables Banana Milk	<b>8</b> Chicken & Cheese Quesadilla w/ Salsa Fruit Salad Fruit Juice	<b>9</b> Sloppy Joe w/shredded Cheese Cracked Wheat Bun Golden Delicious Apple Milk	<b>10</b>
<b>11</b>	<b>12</b> Beef Dip Caesar Salad Fruit Juice	<b>13</b> Hot Dog Day! Cracked Wheat Bun Red Delicious Apple Chocolate Milk	<b>14</b> Chicken Fricassee Brown Rice Banana Milk	<b>15</b> Chicken Stir Fry w/ SS Sauce Chow Mein Noodles Vanilla Yogurt & Granola Fruit Juice	<b>16</b> Beef Lasagna Caesar Salad Milk	<b>17</b>
<b>18</b>	<b>19</b> Macaroni & Cheese Grapes Fruit Juice	<b>20</b> Beef Chili and Corn Bread Red Delicious Apple Chocolate Milk	<b>21</b> Meatball Sub Cracked Wheat Bun Banana Milk	<b>22</b> Southwest Chicken WW Burrito w/ Salsa Vanilla Yogurt and Granola Fruit Juice	<b>23</b> Bagged lunches  <u><b>Beach Day!</b></u>	<b>24</b>
<b>25</b>	<b>26</b> WW Pasta & Beef Bolognaise sauce Vanilla Yogurt and Granola Fruit Juice	<b>27</b> Beef Burger Cracked Wheat Bun Leaf Lettuce Red Delicious Apple Chocolate Milk	<b>28</b> Chicken Nuggets Caesar Salad Milk	<b>29</b> Crackers & Cheese Grain Bar Fruit Leather Fruit Juice	<b>30</b>	